

HEALTH & SOCIAL CARE

COURSE DETAILS

Level 1 and 2 Cambridge National Certificate in Health & Social Care

Website: <https://www.ocr.org.uk/qualifications/cambridge-nationals/health-and-social-care-level-1-2-j835/>

You may be interested in this if you want to use what you learn in practical, real-life situations, such as:

- Recommending support for individuals.
- Creating and delivering a health promotion campaign.

This will help you to develop independence and confidence in using skills that would be relevant to the health and social care sector. The qualification will also help you to develop learning and skills that can be used in other life and work situations, such as:

- Communicating effectively with individuals or groups. Communication is at the heart of health and social care and is taught or applied in all units.
- Researching topic areas and recording research sources, then using them to interpret findings and present evidence.
- Planning creative activities or health promotion campaigns, this will involve managing time and identifying aims, purpose, resources, methods.
- Creating, presenting/delivering information to a group or an individual.

Further information for this course can be found on the OCR website – www.ocr.org.uk

Students have to complete three units of work. They are:

Unit R032: Principles of care in health and social care settings (examined unit)

In this unit you will learn about the importance of the rights of service users, person-centred values and how to apply them. You will also learn about the importance of effective communication skills when providing care and support for service users in health and social care settings and the procedures and measures used to protect individuals such as safeguarding, hygiene and security.

Unit R033: Supporting individuals through life events (non-examined assessment)

In this unit you will learn about life stages and the factors that affect them. You will understand expected and unexpected life events and the impact they will have on physical, social/emotional and socio-economic aspects in an individual's life. You will research the service providers and practitioners that can support individuals, recommend support and justify how this will meet the needs of a specific individual.

Unit R035: Health promotion campaigns

In this unit you will have the opportunity to explore the various public health challenges the country faces, the approaches used to encourage health and wellbeing and the importance of this to society. You will understand the factors affecting a healthy lifestyle so that campaigns can be designed to target different groups of people. You will also learn how to plan and deliver your own small-scale health promotion campaign and how to evaluate your planning and delivery

ASSESSMENT ARRANGEMENTS

- R032 accounts for 40% of the final grade (external exam)
- R033 accounts for 30% of the final grade (Non-Exam Assessment)

- RO35 accounts for 30% of the final grade (Non-Exam Assessment)

HOMEWORK POLICY

Students are expected to be able to organise the work they are required to do as homework to meet clearly set deadlines and to be self-motivated in ensuring work is handed in as required. Work completed for homework will make a significant contribution to the award of the final grades.

OTHER DETAILS

To work in a health or social care setting, it is essential to understand the rights of individuals, person-centred values and how they can be applied. This qualification will help you to develop this knowledge and to understand the importance of effective communication skills when working in these settings. You will also develop the skills needed to ensure a safe and hygienic environment for those in care. These skills will help you progress onto further study in the health and social care sector. This may be Level 3 vocational qualifications, such as the Cambridge Technical in Health and Social Care; A levels in psychology, biology or sociology and the following apprenticeships:

- Adult care worker
- Allied Health Profession Support
- Health and Social Care
- Healthcare science assistant
- Maternity and Paediatric Support

It should be noted that the course is equally suitable for boys and girls.

MRS C WALLACE