Year 7 LFL Overview 2025-26

Statutory RSHE curriculum (coded to doc)

Tackling Peer on Peer abuse (PPA)

British Values- Democracy [D] Rule of Law [Rl] Individual Liberty [Il] Respect / Tolerance [Rt]

SMSC- Social (S) Moral (M) Spiritual (Sp) Cultural (Cu)

Yr 7 Assembly	Yr 7 Tutor	Year 7 LFL			
	Smart Moves 10-11- Safe Places A6	All about Me Il	All about me	1st	September
	Smart Moves 6-7 Hello Bingo S	Library Induction		8th	
	Why follow rules	Self awareness Cu Il		15th	
Where to get Help and Support	Authority and Rules	Family A1 A4 S Rt		22nd	
	What makes a good friend B1 SPPA	Friends B1 S HW Me		29th	October
Black History Month	Handling conflicts with friends	Relationships B1 (HW Me) Cu Rt PPA		6th	
	Smart moves 24-25 support A6	Being British Cu Il Rt		13th	
	Black History Month Quiz B3 S Cu R	Different but the same B3 S M Cu Rt		20th	
			Social Media	27th	
	Social media images F1 Cu	The birth of Social Media Cu		3rd	November
Anti- Bullying week	Anti-Bullying Week	Social Media Safe and Private C1 C2C3 RL PPA		10th	
Child on Child Abuse	Privacy v security C8 Cu D IL	Real world and online world F1 S Cu		17th	
	Social media and addiction F1 Rl Il	Online grooming F2 D1 C2 S RL PPA		24th	
	What you post matters C1 S Cu M R PPA	Using Social Media Responsibly C1 PPA		1st	December
Mental Health Barnado' s	B3 C1 S Cu M R PPA	Key Task		8th	
	Hope united Hate Crime B3 S Cu M R	feedback		15th	
				22nd	
				29th	January
	Self esteem B1 S Cu M R	Bullying Intro B4 S M Cu I Rt	Bullying	5th	
	When is a person not B1 S Cu M R PPA	1. What is Bullying B4 S M I RL Rt		12th	
	Herd mentality S Cu M R PPA	Cyber Bullying B4, c2, F2 S M Cu RL Rt PPA		19th	
Images, Consent and Harassment	LGBT quiz A4 S Cu R PPA	Homophobic / LGBT B3 M S Cu Il RL Rt PPA		26th	
	Kindness B1 S R	Racist Bullying B1 S M Cu RL Rt PPA		2nd	February
	Children' s Mental Health Week	Intro Health G2		9th	
				16th	
Online Gambling	Sleep J5	Diet H1	Healthy Lifestyles	23rd	
Kindness and Co-operation	Healthy eating H1	Exercise G1, G2 HW 2 Sleep		2nd	March
	Sugar tax H1 Rl IL	Smoking /vaping I7 J5 I7, RL J5 (hw)		9th	
Online Safety	Physical and Mental G1	Drugs and Alcohol I2 RL		16th	
	Oral Health	Key Task 2		23rd	
				29th	April
				6th	
	Why are things more expensive?	Puberty L1, L2	Issues in Society	13th	
Water Safety	Whats the problem with plastic Cu M	Periods L1, L2		20th	
British Values	Sustainability Cu M R	Poverty and Inequality S M Cu Rt		27th	
	Revising for exams Cu M Rl IL	Homelessness in the UK M Cu Rt		4th	May
Racism	Refugees Cu M Rl Il	Survival on the streets M Cu Rt		11th	
	Whats the problem with plastic Cu M	Climate change M Cu		18th	
				25th	
	Pride Month	Types of Citizenship action RL	Citizenship Action	1st	June
	Successful campaigns Cu D	Charities and volunteering		8th	
Safeguarding	Fairtrade Cu M	My Campaign Key task		15th	
Mental Wellbeing	Vegan Veggie Cu M	Nelson Mandella (HW 3		22nd	
	Extinctions rebellion Cu M D	Marcus Rashford S Cu Rt		29th	July
	Protesting and riots Cu M D	Greta Thunberg S Cu Rt		6th	
		Bear Grylls SP Cu Rt		13th	