

KS3 Curriculum INTENT

Learning for Life aims to develop the knowledge and skills necessary to promote of safe, healthy and fulfilling lifestyles. To develop an understanding of what makes healthy and respectful relationships and know how different behaviours and attitudes towards relationships can cause harm. To develop an understanding of the complex social and political issues that exist in the world to encourage active participation in British society and the wider world.

KS3 and KS4 Curriculum Information

Learning for life covers three main areas; Living in a Society, Health and Wellbeing, and Relationships. Each of these areas are taught progressively and in an age appropriate way.

'Living in a Society' focuses on understanding how our society works and some of the issues that we face, while giving students the skills to navigate it successfully. This area includes topics such as; Citizenship Action, Issues in Society, Understanding Society, Social Media, Types of Government, UK Politics, Discrimination, Refugees, Asylum Seekers, Careers and Money.

'Health and Wellbeing' focuses on developing an understanding of how to keep a healthy mind and body. This area includes topics such as; Diet, Exercise, First Aid, Mental Wellbeing and Substance Misuse.

'Relationships' Focuses on developing an understanding of what makes positive friendships and relationships, while developing awareness of how certain behaviours can cause harm to others and how to stay safe. This area includes; Friendships, Family, Bullying, Relationships, and from Year 9 onwards we cover a comprehensive programme of RSE topics in line with the new statutory RSHE curriculum including sexual health, consent, harassment, relationship abuse and staying safe.

Learning for Life is delivered as a non-examined subject to students from Years 7 to 11 in weekly one-hour lessons. Teaching is classroom based and promotes open discussion on different issues. The subject has been developed in line with new statutory guidance, but also in response to the needs of our students and what they have felt are important issues for them to study. Topics covered in Learning for Life lessons run in parallel to tutor time topics, delivered once per week, and Head of Year assemblies, delivered every half term, to reinforce learning and allow the opportunity to discuss and expand on what is covered in lessons, and also respond to current events and issues.