

Statutory RSHE curriculum (coded to doc)

## Year 8 LFL Overview 2025-26

British Values- Democracy [D} Rule of Law [RI] Individual Liberty [II] Respect / Tolerance [Rt]

## Tackling Peer on Peer abuse (PPA)

SMSC- Social (S) Moral (M) Spiritual (Sp) Cultural (Cu)

| Yr 8 Assembly                  |                           | Yr 8 Tutor                     |                                     | Year 8 LFL                                 |                           |                      |
|--------------------------------|---------------------------|--------------------------------|-------------------------------------|--------------------------------------------|---------------------------|----------------------|
| Where to get Help and Support  |                           | Emotional Literacy             | D+1 \$Cu                            | Emotional Health                           | D+1, D+3, D+5             |                      |
|                                |                           | Resilience and adversity       | D+5                                 | Resilience                                 | D+5                       |                      |
|                                |                           | Media and body image           | F1 \$Cu R                           | Growth mindset                             | D+5                       |                      |
|                                |                           | Social media mental health     | F1 \$Cu                             | Social Media                               | D+5, F1 \$                |                      |
|                                |                           | Mandala’                       | D+5                                 | Stress and anxiety                         | G1D+4                     |                      |
| Black History Month            |                           | Meditation                     | D+5                                 | CBT                                        | G1D+4 (HW Mental health)  |                      |
|                                |                           | Forming Habits                 |                                     | Key Assessment task 1                      |                           |                      |
|                                |                           | How well do you know the world | Cu D                                | Feedback                                   |                           |                      |
|                                |                           |                                |                                     |                                            |                           |                      |
| Anti- Bullying week            |                           | Globalisation                  | Cu D                                | Living in a society                        | \$ Cu RI                  |                      |
|                                |                           | Anti- Bullying Week            |                                     | The need for law                           | \$Cu D II                 |                      |
|                                | Child on Child Abuse      |                                | Life in a dictatorship              | \$Cu RI II                                 | Types of government       | Cu RI                |
|                                |                           |                                | Tax and Danes                       | M RI II                                    | Trade                     | Cu RI                |
|                                |                           |                                | Competition or cooperation          | RI                                         | Tax                       | \$Cu                 |
| Mental Health Barnado’ s       |                           | Abuse towards police           | M Cu RI R                           | Education                                  | \$ Cu RI                  |                      |
|                                |                           | Society ad human nature        | Cu D II                             | Revision                                   |                           |                      |
|                                |                           |                                |                                     |                                            |                           |                      |
|                                |                           |                                |                                     |                                            |                           |                      |
| Images, Consent and Harassment |                           | Respectful relationships quiz  | E1 \$ Cu R                          | Key Task 2                                 |                           |                      |
|                                |                           | Peer pressure                  | E1 \$Cu                             | Feedback                                   |                           |                      |
|                                |                           | Respect                        | E1 \$ Cu R                          | positive relationships                     | E1 B1 B2 \$ RT PPA        |                      |
|                                |                           | Respect online                 | E4 \$Cu                             | Dealing with peer pressure                 | B1 E4 \$ RT PPA           |                      |
|                                |                           | Where to find help             | PA                                  | sharing images                             | C2 C3 C5 C7 \$Cu RT R PPA |                      |
|                                |                           | Childrens Mental Health Week   |                                     | Offensive language                         | E4 \$ Cu R RI PPA5        |                      |
|                                |                           |                                |                                     |                                            |                           |                      |
| Online Gambling                |                           | Call it out                    | \$Cu                                | Needs and Wants                            |                           |                      |
|                                | Kindness and Co-operation |                                | Your Money matters- p14-14 accounts | Budgeting                                  | HW2 Society               |                      |
|                                |                           |                                | Your Money matters p18-19 interest  | Income and Outgoing                        |                           |                      |
|                                |                           |                                | Your Money matters p 22-23 accounts | A day in the life (exploration of careers) | Cu                        |                      |
|                                | Online Safety             |                                | Your Money matters p24-25 making    | Skills and Qualities                       |                           |                      |
|                                |                           |                                |                                     |                                            |                           |                      |
| Water Safety                   |                           | Obesity crisis                 | PA                                  | Exercise                                   | D+6 G1                    |                      |
|                                |                           | Jamie school dinners           | Cu                                  | Energy drinks                              | H1                        |                      |
|                                | British Values            |                                | Exercise daily                      | G1.G2                                      | Eating                    | H1                   |
|                                |                           |                                | Fatty foods                         | H1                                         | Alcohol Awareness         | E11, I4, I5 RI       |
|                                |                           |                                | School lunches around the world     | PA                                         | Smoking                   | I7 RI                |
| Racism                         |                           | Calories                       | IS                                  | C Total Health Key Task                    |                           |                      |
|                                |                           |                                |                                     |                                            |                           |                      |
|                                |                           |                                |                                     |                                            |                           |                      |
| Safeguarding                   |                           | Pride Month                    |                                     | Assessing and Getting help                 | K1                        |                      |
|                                |                           | Emergency calls                | RI R                                | Recovery                                   | K2                        |                      |
|                                |                           | Prank emergency calls          | M RI R                              | CPR                                        | K2, K3 (                  |                      |
|                                | Mental Wellbeing          |                                | What would you do?                  | K1 K2                                      | Heart attacks             | K2, K3 HW First Aid) |
|                                |                           |                                | What would you do?                  | K1 K2                                      | Bleeding                  | K1                   |
|                                |                           | Quiz                           |                                     | Choking                                    | K2                        |                      |
|                                |                           |                                |                                     |                                            |                           |                      |

