

KS3 Curriculum INTENT

It is our intent at Caldew to teach students skills that will positively impact on their future. We aim to deliver high-quality teaching and learning opportunities that inspire all students to succeed in physical activities. We want to teach students how to be **confident, motivated, responsible, resilient and respectful**. We also want to teach students how to **actively listen**, show **empathy** and show excellent **teamwork** as well as continually developing their wellbeing. Covid 19 has had a negative impact on the physical and mental wellbeing of our students and through high quality curriculum teaching and extra-curricular support we intended to drive a positive change for all learners that will improve both physical health and wellbeing.

KS3 Curriculum Information

Students at Caldew in KS3 and KS4 participate in weekly high quality PE lessons. Our PE programme incorporates a variety of sports to ensure all students develop the confidence, resilience and the appreciation of their own and others' skills and abilities. We provide opportunities for all students to engage in extra-curricular activities, during and after school, in addition to competitive sporting events. This inclusive approach endeavours to encourage not only physical development but also physical and social wellbeing. Through well-structured and high quality teaching and learning, students will engage in lessons and thrive in their learning environment.

Our KS3 and KS4 Core PE curriculum aims to improve the wellbeing and fitness of all students at Caldew, not only through the sporting skills taught, but also through the underpinning values and disciplines PE promotes. Within our lessons, students are taught about active listening and that to be successful you need to take ownership and responsibility of their own health and fitness. Our impact is therefore to motivate students to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives with good well-being and deal with the pressures of school.